

## Care Act – What is a Needs Assessment?

An assessment is a meeting with a social worker to talk about the support you need to live a healthy and good life.

The local authority must give you an assessment if you ask for it.

The assessment will happen at your home, but you can choose to have it somewhere else if you would like.

An assessment can sometimes happen over the phone or on a video call. Let your social worker know what is best for you.

The local authority should give you information about your assessment beforehand and in a way that is easy to understand.

They should tell you what they will talk about in your assessment. For example, they will look at what support you need to cook a meal and use a shower.

You can ask your family, carer or advocate to support you in your assessment.

Your advocate can help you to speak up about what is important to you and be involved in any decisions.

You can use the Needs Assessment Planner to help you prepare.

You have the right to have a copy of your assessment.

Your social worker should tell you what happens next and how to make a complaint if you are not happy.