










YOUR life YOUR choice!

Connect Yourself works with young people who have finished school, college or a supported internship, but who feel they have more to learn.

We will work with you to build your confidence and skills and help you to think about your life.

Connect Yourself is all about helping you make the right connections!

It is YOUR choice what YOU would like to learn!

-  I want to get out and about by myself
-  I want to feel confident when I am in busy places
-  I want to learn how to use my money safely
-  I want to find out about clubs and groups where I live
-  I'd like to try a new sport
-  I'd like to get a job
-  I'd like to live on my own

We use fun ways to help you think, plan and learn.

For more information contact Rob



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