



MAKING CONNECTIONS

Dementia Groups and Support Services in Warrington

Making Connections is a network of over 60 different groups and organisations in Warrington that support people living with dementia and their family, friends and carers.

This directory is updated on a regular basis, but we suggest you check with individual groups and organisations that the information within this document is accurate. **(Last Updated 28/7/2026).**

If you would like to add information to the directory, please contact Lisa Betteridge (lisa@advocacyhub.org.uk) or Jill Flett (jill@advocacyhub.org.uk) or call 01925 246 888.

Follow us on Facebook to get the latest updates and news.



Contents

Groups

Page 3 – Groups at a Glance

Page 4 – Groups By Location

Page 5 – Groups on a Monday

Pages 6 & 7 – Groups on a Tuesday

Pages 9 to 11 - Groups on a Wednesday

Page 12 - Groups on a Thursday

Page 13 – Groups on a Friday

Services and Programmes

Pages 14 to 18

Index

Pages 19 to 22

Your Notes

Page 23 onwards

These pages are blank for you, a professional or a service to complete. You can record the details of conversations and meetings – who you have spoken to, who they work for, how to contact them and what you have discussed and agreed.

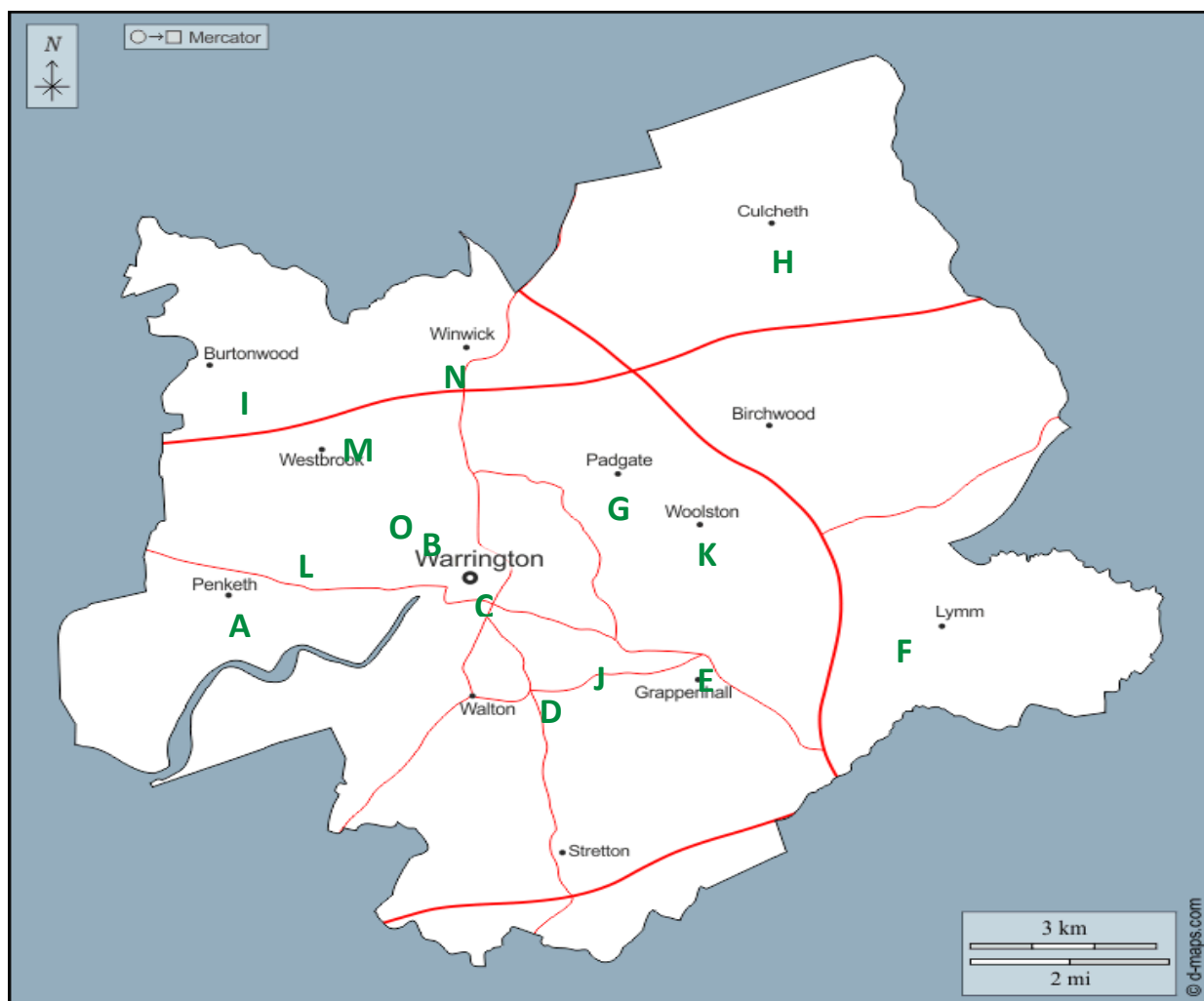
Groups at a Glance

(For the days of the month and times see pages 5 to 12)

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Monday Fun Social	Penketh Forget Me Not Café SADA (South Asian Dementia Awareness) My Time - MCST	Memory Lane Hub Singing Group at Whitecross Reminisce Cafe	Memory Lane Hub CST Groups at Whitecross and Sandy Lane Forget Me Not Café - Winwick	Fun Friday Social Burtonwood Forget Me Not Cafe
Afternoon	Love to Move and Music & Memory	Still Me DEEP Group Life Time Dementia Café B's Café Primrose & Brew Memory Café Mature Movers	Lymm Memory Café and Singing for the Brain. Time to Chat – Grappenhall Library Life Time – Activities Group	Companionship Café	Chin Wag – Woolston Daten Dementia Café

Disclaimer – All information in this directory is checked for accuracy on a regular basis. However, we suggest dates and times are checked before attending a group.

Groups By Location



A - Penketh - Forget Me Not Café (page 6)

B - Whitecross - Memory Lane Singing Group (page 10) and CST group (page 12)

C - Town Centre - Life Time Activities Group (page 10), Life Time Dementia Café (page 7), Still Me (page 6), Music and Memory & Love to Move (page 5), Primrose & Brew (page 11), Mature Movers (page 8)

D - Stockton Heath - B's Dementia Café at Belong (page 6)

E - Grappenhall - Time to Chat (page 9)

F - Lymm - Sanctuary Hub Memory Café and Singing For The Brain (page 9)

G - Greenwood – Fun Friday Social (page 13)

H - Culcheth - Daten Dementia Café (page 13)

I – Burtonwood – Forget Me Not Café (page 13)

J – Latchford – Monday Fun Social (page 5)

K – Woolston – Companionship café (page 12), Chin Wag (page 13)

L – Whittlehall – SADA (page 7)

M – Westbrook – Reminisce Café (page 11)

N – Winwick – Forget Me Not Café (page 12)

O – Orford Community Hub – Memory Lane CST group (page 8)

GROUPS ON MONDAY

Love to Move & Music and Memory

Time

Love to Move 1:15pm to 2:30pm

Music and Memory 1:30pm to 3:30pm

Day

Every Monday – Alternate weeks for each group

Location: address & postcode

Salvation Army, 66 Academy Street, Warrington, WA1 2BQ

Organisation

Jackie Holbrook 07597341253, musicandmemory.warrington@gmail.com

Support/Description

£1.00 for Love to Move and £1.50 for Music & Memory

Monday Fun Social

Time/date

10:30am to 12:00pm, every Monday

Location: address & postcode

Westy Community Centre, Bridgewater Avenue, Latchford, Warrington, WA4 1TA

Organisation

Warrington Wellbeing Hub - 01925 818017 Option 4

Support/Description

Drop in, no booking required.

GROUPS ON TUESDAY

Penketh Forget-me-not café

Time

10.00am-12.00pm

Day

Tuesday

Location: address & postcode

St. Paul's Church, Warrington Road, Penketh, WA5 2RX

Support/Description

The Forget-Me-Not Café is a warm, open space which provides support for people living with dementia and their carers each week. Donations welcome of £2. Contact Sue on forgetmenotdementiacafe@gmail.com.

Still Me DEEP Group

Time

1:30pm to 3:00pm

Day

1st and 3rd Tuesday of each month

Location: address & postcode

The Living Well Hub, 26 – 30 Horsemarket Street, Warrington, WA1 1XL

Organisation

Still Me is supported by Warrington Speak Up. Contact Lisa Betteridge on 01925 246888 or lisa@advocacyhub.org.uk

Support/Description

A peer support group that links in with the DEEP network. DEEP stands for the Dementia Engagement and Empowerment Project which is a national network of over 100 groups.

B's Café – Belong Warrington Dementia Cafe

Time

2:00pm to 4:00pm

Day

Last Tuesday of every month

Location: address & postcode

Belong Warrington, Loushers Lane, Warrington, WA4 6RX

Organisation

Free entry and refreshments. Call 01925 593800 to book.

SADA (South Asian Dementia Awareness) Group

Time

11:00am to 1:00pm

Day

Every fortnight on a Tuesday (First session for 2026 is on 6th January)

Location: address & postcode

Whittle Hall Community Centre, Lonsdale Close, WA5 3UA

Organisation

Part of the Still Me Project, supported by Warrington Speak Up. Contact Lisa Betteridge on 01925 246888 or Dipak on 07966 068279.

Support/Description

A peer support group for people from the South Asian community in Warrington who are affected by dementia or would like to find out more about dementia.

Life Time – Dementia Cafe

Time

1.00pm - 3:00pm

Day

2nd Tuesday of every month

Location: address & postcode

The Living Well Hub, 26 – 30 Horsemarket Street, Warrington, WA1 1XL

Organisation

Lifetime on 01925 246824 or mail@lifetimegateway.org.uk

Support/Description

The Dementia Café is open to anybody living with or affected by dementia.

My Time – Maintenance Cognitive Stimulation Therapy (Age UK)

A twelve-week evidence-based programme for people living with mild to moderate dementia. It is open to anyone with a diagnosis or anyone waiting to be assessed/diagnosed.

Group members take part in meaningful and stimulating activities, proven to help maintain memory and mental functioning.

Each 12 week block takes place in a different venue in Warrington.

Referral to the programme can be made by the individual, a professional involved in their care, or a carer/ family member.

To find out where the next course is taking place and to book - Call 0300 003 1992 or email mcst@aukmm.org.uk.

Memory Lane Hub Cognitive Stimulation Group and Carers Cafe

Time/date

10:30am to 12:00pm, every Tuesday

Location: address & postcode

Orford Community Hub, Festival Avenue, WA2 9EP

Organisation

Warrington Wellbeing Team - 01925 818017 Option 4

Support/Description

The cognitive stimulation group and carers café is a 9 week programme - Booking required.

Mature Movers

Time

1:30pm to 2:15pm

Date

Every 4th Tuesday **STARTING on the 22nd September 2026**

Location: address & postcode

Living Well Hub, Horsemarket Street (opposite the Blue Bell pub)

Organisation

Vivify Community Dance and Sport

Support/Description

Gentle chair based exercises for people living with dementia and their carers. Suitable for all abilities and free of charge. Contact sam@vivifycommunity.co.uk.

GROUPS ON WEDNESDAY

Time to Chat

Time

1:30pm to 3:00pm

Day

2nd and 4th Wednesday of each month

Location: address & postcode

Grappenhall Library, Victoria Avenue, Grappenhall, WA4 2PE

Organisation

Friends of Grappenhall Library. Contact Julie on grappenhallcommunitylibrary@gmail.com for further information and to reserve places.

Support/Description

A warm and welcoming group. Activities include games, quizzes, craft, specialist large piece jigsaws. Time to Chat is free with light refreshments provided.

Memory Café Lymm

Time

1.30-3.00pm

Day

2nd and 4th Wednesday of the month

Location: address & postcode

Lymm United Reformed Church, Brookfield Road, Lymm, WA13 0QL, 01925 737950

Organisation

Lymm Sanctuary Hub - memorycafe@lymmsanctuaryhub.co.uk

Support/Description

A safe, social space for people living with memory loss, and support for their partners/carers. Fortnightly sessions are informal, often including themed activities and music. Tea and cake is provided. Sessions are free, donations are appreciated.

Singing for the Brain, Lymm

Time

1.30pm-2:30pm

Day

1st and 3rd Wednesday of each month

Location: address & postcode

Sanctuary Cafe, Brookfield Road, Lymm, WA13 0QL, 01925 737950

Organisation

Lymm Sanctuary Hub - singing@lymmsanctuaryhub.co.uk

Support/Description

An hour of singing and fun, with a cup of tea. For people living with dementia/memory loss and their families/carers. Led by a local singer and musician trained by the Alzheimer's Society. Drop-in sessions are free, donations are appreciated.

Memory Lane Hub Singing Group

Time/date

11:15am to 12:30pm, every Wednesday

Location: address & postcode

Whitecross Community Centre, Lexden Street, Warrington, WA5 1PT

Organisation

Warrington Wellbeing Hub - 01925 818017 Option 4

Support/Description

Drop in, no booking required.

Life Time – Activities for People Living with Dementia

Time

1.30pm - 3:30pm

Day

Wednesday

Location: address & postcode

The Gateway, 101 Sankey Street, Warrington, Cheshire WA1 1SR

Organisation

Lifetime on 01925 246824 or mail@lifetimegateway.org.uk

Support/Description

The group offers a range of dementia friendly activities, whilst also giving respite opportunities for primary carers to take a break from their caring responsibilities. Refreshments are provided. For more details contact the Life Time team. Please note booking is required and the session costs £2.50.

Movement and Memory

Time

1.15pm-2:30pm

Day

Every Wednesday of each month (12 week course recommended)

Location: address & postcode

Bewsey and Dallam Community Hub, Longshaw St, Warrington WA5 0DY

Organisation

Live Wire on 0300 003 0818 (Places must be booked, not a drop in)

Support/Description

Aimed at reducing the risk of developing dementia - those living with Mild Cognitive Impairment or hearing impediments and people caring for people living with dementia. **Not for people with a dementia diagnosis.**

Reminisce Cafe

Time

10.30am - 12:00pm

Day

Every Wednesday

Location: address & postcode

Westbrook Library, Westbrook Crescent, Warrington, WA5 8UG

Organisation

Sarah (Wellbeing Team) on 07890 033 949

Support/Description

The café is open to anybody living with or affected by dementia.

A warm and welcoming group offering a space to chat with others and to relax. We provide a range of Dementia friendly activities each week.

Unlimited light refreshments provided. Suggested donation of £2.

Primrose and Brew Memory Cafe

Time

10.00am - 12:00pm

Day

Every **last** Wednesday

Location: address & postcode

Halliwel Jones Rugby Stadium, Warrington, WA2 7NE

Organisation

Warrington Wolves Foundation – community@warringtonwolvesfoundation.com or 01925 248894

Support/Description

The café is open to anybody living with or affected by dementia.

A warm and welcoming group offering a space to reminisce using memorabilia from the Warrington Wolves archives.

Free and no need to book.

GROUPS ON THURSDAY

Memory Lane Hub Cognitive Stimulation Group and Carers Cafe

Time/date

10:30am to 12:00pm, every Thursday

Location: address & postcode

Whitecross Community Centre, Lexden Street, Warrington, WA5 1PT

Organisation

Warrington Wellbeing Team - 01925 818017 Option 4

Support/Description

The cognitive stimulation group and carers café is a 9 week programme - [Booking required](#).

Companionship Café - Woolston

Time

12:30pm to 2:30pm

Day

Every 2nd and 4th Thursday

Location: address & postcode

Woolston Social Club, 50 Manchester Road, Woolston, Warrington, WA1 4AD

Organisation

Parking is available and booking is essential by telephoning 01925 230006 or emailing

Melissa.critchley@homeinsteadwarrington.co.uk

Forget Me Not Cafe - Winwick

Time

10:30am to 12:00pm

Day

Every Thursday

Location: address & postcode

Winwick Community and Leisure Centre, Road, Myddleton Lane, Winwick, Warrington, WA2 8LQ

Organisation

Wellbeing Team, Laura on 07971 030 851 and Ange on 07977 943 700

GROUPS ON FRIDAY

Daten Community Memory Cafe

Time

12:30pm to 2:30pm

Day

Every Friday

Location: address & postcode

Sunflower Cafe, The Daten, Charnock Road, Culcheth, WA3 5SH

Organisation

Andrea Hartley (andreaheartley54@yahoo.co.uk)

Chin Wag

Time

12:00pm to 2:00pm

Day

Last Friday of the month

Location: address & postcode

Monks Social Club, Hillock Lane, Woolston, WA1 4NF

Organisation

Call Tony on 07976 204 833 or email warringtonchinwag@gmail.com to reserve your places.

Fun Friday Social

Time/date

10:30am to 12:30pm, every Friday

Location: address & postcode

Greenwood Community Centre, Greenwood Crescent, Warrington, WA2 0DU

Organisation

Warrington Wellbeing Hub - 01925 818017 Option 4. Drop-in, no booking required.

Burtonwood Forget Me Not Cafe

Time/date

10:30am to 12:00pm, every Friday

Location: address & postcode

Burtonwood Library, Chapel Lane, Burtonwood, WA5 4PS

Organisation

Warrington Wellbeing Hub – Call Laura on 07971 030 851. Drop-in, no booking required.

SERVICES and PROGRAMMES

Warrington Wolves Foundation

Offload Programme, In the Sheds, Digital Memories and Match Day Buddies
(www.warringtonwolvesfoundation.com)

Telephone 01925 248894 or email community@warringtonwolvesfoundation.com.

Whia (Warrington Home Information and Improvement Agency)

- Trusted Contractors
- Bathroom Adaptations
- Gardening Service
- Handyperson Service
- Repairs and Improvements – free impartial advice
- Help with Funding

Contact – 01925 246812 and www.whia.org.uk

Home Library Service

One of our friendly volunteers will choose books matched to your reading interests and needs and deliver them to your home. The same volunteer will visit you regularly to collect and exchange items by an agreed appointment.

A volunteer can also visit you on a regular basis and read to you in your own home for an hour or so. It's your choice whether you want to read along or sit back, relax and listen.

Contact the library team by email libteam@livewirewarrington.org or call your local library and they will pass your details on to the team.

Warrington Voluntary Action - Good Neighbours Project

Good Neighbours support people who are feeling lonely or have little or no contact throughout the week and need help with the little things. This could be anything from a friendly telephone call or getting involved with a group, sorting out your shopping or doing some light exercise. Good Neighbours volunteers can:

- Make weekly phone calls for a friendly chat
- Meet for a weekly walk or chat either one-to-one or as part of a group
- Support people to get or remain engaged in community activities
- Collect things you need in the case of accident and emergency

Contact - Hello@warringtonva.org.uk
01925 246881

Warrington Carers Hub

Warrington Carers' Hub is offering carers a wide range of support services as listed below;

- Single point of contact for all adult, parent and young Carers
- Carers wellbeing assessment and support plan

- Dedicated Support Worker
- 1-2-1, peer and group based support
- Supporting Carers to take a break and do something for themselves
- Providing information, advice, and guidance on a range of topics relevant to the caring role
- Helping Carers to access community, health, and wellbeing services
- Access to a range of activities and training
- Support to develop emergency and contingency plans and support with future planning
- Access to online support including a Carers Community Network
- Access to a volunteer manned Carers Help and Talk (CHAT) Line
- Volunteering opportunities
- Access to a regular Warrington Carers' Hub magazine.

For enquiries or to make a referral:

Telephone: 0300 303 0623 (calls charged at local rate and lines open 9am to 5pm Monday to Friday)

General Email: enquiries@warringtoncarershubs.org.uk

Warrington Disability Partnership

Information, advice and guidance to support people to live independently. A wide range of services are available - <https://www.disabilitypartnership.org.uk/services/atoz.shtml>

Luncheon Club - Wednesdays 11:00 to 2:00 at the Centre for Independent Living, Evelyn Street, Sankey Bridges, WA5 1BA.

Telephone 01925 240064

Alzheimer's Society

Dementia Support Line – 0333 3456 150 (open until 8pm Mon to Wed, until 5pm on Thur & Fri and 10am to 4pm at weekends and bank holidays) or warrington@alzheimers.org.uk

Personalised 1:1 service providing information, signposting and support with issues such as;

- Understanding a diagnosis of dementia
- Legal matters including Lasting Powers of Attorney
- Benefits and managing your money
- Living well with dementia and keeping active
- Support with every day tasks and getting further help

Dementia Care Navigators (Warrington Wellbeing Service)

A dementia care navigator can assist you to navigate the various services that are available after your diagnosis or the diagnosis of someone you care for.

They will provide one to one support for as long as you need it and will find out what is important to you. Some of the things they can help with are;

- Council tax disregard
- Blue Badge
- Community activities
- Carer support
- Financial support (e.g. Attendance Allowance)

- Support to access other services such as adult social care, CareCall, CAB, Lifetime and many more.

Telephone 01925 818017 (option 4) or email warringtonwellbeing@warrington.gov.uk

Still Me (Dementia Engagement and Advocacy Project)

Still me, supported by Warrington Speak Up (www.warringtonspeakup.org.uk), provides independent advocacy support for people living with dementia in Warrington.

An advocate can support under the Care Act when Adult Social Care are completing Care and Support Assessments (including Carer Assessments), Care and Support Plans or Care and Support Reviews.

The advocate will ensure the person's views and wishes are central to decisions that are being made about their care and support needs and make certain that their rights are upheld.

For more information contact Lisa Betteridge on 01925 246888 or lisa@advocacyhub.org.uk

Dial A Ride Warrington

Dial-a-Ride provides a door-to-door accessible minibuss transport service in Warrington for people aged 75+ or with any registered disability.

Staff escort members to and from the vehicle and assist with personal belongings.

Individual membership is £40 per year.
Only available Monday to Friday.

Please be aware that there may be a waiting list is in operation.

Membership packs and application forms can be obtained online or by calling;

Telephone 01925 419988

E-mail wctdial1@gmail.com

Drive Ability North West

Occupational Therapists and Approved Driving Instructors can help you drive safely and maintain or regain your independence as a driver or passenger.

Services include Driving Support Assessments and Mobility Scooter Advice & Support.

Website - <https://bridgewater.nhs.uk/drive-ability-north-west/>

Telephone – 01942 483 713

Email – bchft.DriveAbility@nhs.net

Warrington Borough Council

- **Equipment and Adaptations** - Information about adaptations, Care Call and Telecare. How to arrange an assessment. <https://warrington.gov.uk/equipment-and-adaptations>
- **Carer Support Service** – <https://warrington.gov.uk/carers>

For all enquiries telephone One Front Door 01925 443302 (option 1, followed by option 2)

Email – servicereception@warrington.gov.uk

Talking Point

Face to face information, support and guidance;

- The Gateway, Sankey Street – every Wednesday, 10:00am to 12:00pm
- Bewsey Community Shop – every Thursday, 10:00am to 12:00pm
- The Oaks, Penketh – every Tuesday, 11:00am to 1:00pm
- Culcheth Library – Every Tuesday, 2:00pm to 4:00pm
- Birchwood Shopping Centre – Every Wednesday, 1:00pm to 3:00pm
- Fearnhead Community Centre – Every Monday, 11:00am to 12:30pm
- Living Well Hub, town centre – Every Monday 1:00pm to 4:00pm
- Lymm Library – Every Thursday 10:00am to 12:00pm
- Orford Jubilee Hub – Every Thursday 10:00am to 12:00pm
- St. Mary's Magdalene's Church, Appleton – Every Friday 1:30pm to 3:30pm

Living Well Hub

A health and wellbeing facility to enable people to support themselves to live well and independently for longer. Each day has a different focus, with **Tuesday** being focussed on dementia.

There are a range of agencies and professionals available throughout the day offering a one stop shop for any questions, advice and support you may need.

Open between **9am and 5pm** on **Horsemarket Street**, Warrington town centre, WA1 1XL (next to Café Caruso).

Warrington Visually Impaired People

Warrington VIP (Visually Impaired People) supports individuals with sight loss, along with their families and friends, to adjust to vision impairment, enhance quality of life, and promote ongoing independence. We provide a range of services including home visiting support, social opportunities at our centre, and practical advice on welfare benefits, aids, and assistive devices. We also work to raise awareness of the needs of visually impaired people throughout our communities.

Contact: Info@warringtonvip.co.uk / 01925 632700

Address: Warrington VIP, The Old School Project, Fairfield St, Warrington. WA1 3AJ

www.warringtonvip.co.uk and <https://www.facebook.com/WarringtonVIP>

Health Watch Warrington

We are the independent voice for people in Warrington when it comes to Health and Social Care services. Our role is to listen to your experiences—good or bad—and use your feedback to help improve services for everyone.

We have the power to make NHS leaders and care providers pay attention to what matters most to Warrington residents. Your views can drive real change.

Our service is **free, simple to use**, and designed to make a difference.

Explore our current projects and share your feedback through short surveys on our website:

Website: www.healthwatchwarrington.co.uk

 Email: contact@healthwatchwarrington.co.uk

Dementia Day Services

Hummingbird

Hummingbird Dementia Day Service, located in Warrington (Latchford), offers personalized, small-group day care for adults with dementia, focusing on meaningful activities, maintaining independence, and supporting carers, operating weekdays and some Saturdays from their Hummingbird House location. at 490 Knutsford Road. Run by Hummingbird Home Care, they provide tailored support, creating a safe, inclusive environment with activities like music, games, and social interaction, and offer taster sessions for potential clients.

Contact Hannah and her team on **01925 245049** or email hannah-d@hummingbirdhomecare.co.uk for more details.

Brampton Lodge

The Brampton Day Centre is open Monday to Friday, 9am to 4pm. You can choose from attending for a whole day or half a day. Transport is provided to and from the centre and they focus on person-centred activities, making sure that there is something for everyone to enjoy.

Contact Kirsty and her team on **01925 606788** or visit their website (www.anavogroup.com/care-homes/brampton-lodge-day-centre) to start an enquiry.

Urgent Community Response Service

A step up and step down service to prevent avoidable hospital attendances and admissions and to help people return home from hospital who need extra support.

We operate 365 days per year, from 8am to 8pm, working in partnership with a wider community team.

We provide urgent (in two hours) assessment and support (in two days) for a short time, to help people recover and retain independence. To receive support from the service, please **call 01925 444220**.

Index

A

Assessments (for carers)	: Carers Hub	Page 14
	: Dementia Care Navigators	Page 15
	: Still Me Dementia Project	Page 16
Advocacy	: Still Me Dementia Project	Page 16
Assistive Technology & Equipment	: Warrington Disability Partnership	Page 15
	: Warrington Borough Council	Page 16

B

Be-friending : Good Neighbours Project (WVA)	Page 14
Benefits : Carers Hub	Page 14
: Alzheimer's Society	Page 15
: Dementia Care Navigators	Page 15
: Talking Points	Page 17
: Living Well Hub	Page 17
Blue Badge : Carers Hub	Page 14
: Alzheimer's Society	Page 15
: Dementia Care Navigators	Page 15
: Talking Points	Page 17

C

Carer Support : Carers Hub	Page 14
: Alzheimer’s Society	Page 15
: Dementia Care Navigators	Page 15
: Warrington Borough Council	Page 16
: Talking Points	Page 17
: Living Well Hub	Page 17
Carer Assessment : Carers Hub	Page 14
: Dementia Care Navigators	Page 15
: Warrington Borough Council	Page 16
Care Act (Assessments, Planning Meetings, Reviews) : Still Me Dementia Project	Page 16

Care Call : Warrington Borough Council	Page 16
---	----------------

D

Direct Payment Support : Warrington Disability Partnership	Page 15
Dial a Ride :	Page 16
Driver Support Assessments : Driveability	Page 16
Day Services/Centres : Hummingbird and Brampton Lodge	Page 18

E

Emergency and Contingency Planning : Carers Hub	Page 14
Energy Saving Support : Warrington Disability Partnership	Page 15
: Talking Points	Page 17

F

Future Planning : Carers Hub	Page 14
: Warrington Borough Council	Page 16

H

Home Improvement : Whia	Page 14
Home Library Service : Livewire	Page 14
Housing Advice : Talking Points	Page 17
Health & Wellbeing Information and Advice : Talking Points	Page 17
: Living Well Hub	Page 17

I

Information : Carers Hub	Page 14
: Warrington Disability Partnership	Page 15
: Alzheimer's Society	Page 15
: Talking Points	Page 17
: Living Well Hub	Page 17
Independent Living : Warrington Disability Partnership	Page 15

L

Library : Home Library Service (Livewire)	Page 14
Loneliness : Good Neighbours Project (WVA)	Page 14
 : Carers Hub	Page 14
Lasting Power Of Attorney : Carers Hub	Page 14
 : Alzheimer’s Society	Page 15
 : Living Well Hub	Page 17

M

Mental Wellbeing : Offload Programme, Warrington Wolves Foundation	Page 14
Mobility : Warrington Disability Partnership	Page 15
: Driveability	Page 16

R

Rugby : Warrington Wolves Foundation	Page 14
Reading : Live Wire Home Library Service	Page 14

S

Social Isolation : Good Neighbours Project (WVA)	Page 14
: Carers Hub	Page 14
Shop Mobility : Warrington Disability Partnership	Page 15

T

Trusted Trades Persons : Whia	Page 14
Training (for carers) : Carers Hub	Page 14
: Alzheimer's Society	Page 15
Telecare : Warrington Disability Partnership	Page 15
: Warrington Borough Council	Page 16
Transport : Dial a Ride	Page 16
: Driveability	Page 16
: Warrington Disability Partnership	Page 15

V

Volunteering : Good Neighbours Project (WVA) **Page 14**

: Carers Hub **Page 14**

: Warrington Disability Partnership **Page 15**

Visually Impaired : Warrington VIP **Page 17**

W

Wheelchair and Scooter Hire : Warrington Disability Partnership **Page 15**

Wellbeing : Alzheimer's Society **Page 15**

Living Well Hub **Page 17**

Your Notes (Use the following pages to make a record of conversations and meetings)

Date	
Name of professional	
Name of Agency	
Contact Details	

Date	
Name of professional	
Name of Agency	
Contact Details	

Date	
Name of professional	
Name of Agency	
Contact Details	

Date	
Name of professional	
Name of Agency	
Contact Details	

Date	
Name of professional	
Name of Agency	
Contact Details	