

The 5 Principles of the Mental Capacity Act





Assume I have capacity





Give me all of the support I need to make my own decisions





I am allowed to make decisions you think are unwise





If you must make a decision for me it must be in my best interest





Choose the least restrictive options for my rights and freedoms





1,2 and 3 are about me 4 and 5 you do with me if I lack capacity