

The 5 Principles of the Mental Health Act

1



Give treatment in the least restrictive way and help people to be independent as possible.

2



Empower and involve patients as much as possible in planning their care and treatment.

3



Respect, understand and listen to patients, families and carers.

4



Help people get well and plan the right services and support for patients in hospital and when they leave.

5



Making fair and efficient decisions.