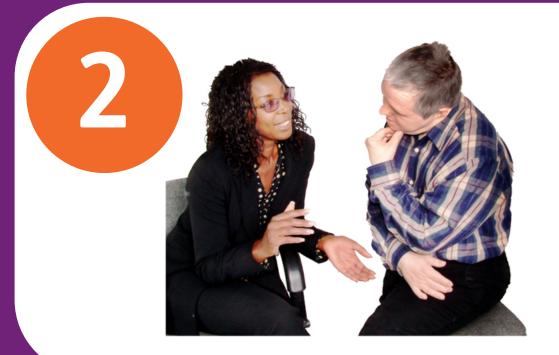


The 5 Principles of the Mental Health Act



Give treatment in the least restrictive way and help people to be independent as possible.



Empower and involve patients as much as possible in planning their care and treatment.



Respect, understand and listen to patients, families and carers.



Help people get well and plan the right services and support for patients in hospital and when they leave.



Making fair and efficient decisions.