

## Women's Supper Club

Connecting with others is one of the 5 ways to wellbeing.
Social relationships are really important for our mental health and promoting wellbeing.

Join us for a women's supper club, at The Gateway, 89 Sankey Street.

Wednesday 15th October - 6.30pm - 8pm Wednesday 19th November - 6.30pm - 8pm Wednesday 17th December - 6.30pm - 8pm

To book your place please email us at gwt@warringtonspeakup.org.uk or phone us on 01925 246888



A voluntary contribution of £1.50 would be gratefully received.