

What are the types of abuse?



Physical abuse

This is when someone hurts or treats you roughly. They might hit, kick, push, scratch or punch you.

Someone might not give you your medication or give you too much.

Physical abuse is wrong.



Emotional abuse

This is when people talk to you in unkind ways. They might shout, threaten or swear at you. They might tease you or call you names.

Sometimes they might treat you like a child. Sometimes they might ignore you.

Emotional abuse is wrong.



Domestic abuse

Domestic abuse is any form of abuse from anyone you live with, including ex partners.

This can also include ex partners who do not live with you.

Domestic abuse is wrong.



Financial abuse

This is when someone takes or uses your money when you don't want them to.

They might steal your money or force you to pay for other people's things.

They might make you give your money away or pay for something you don't want or need.

Sometimes it might mean that you don't have a say in how your money is spent.

Financial abuse is wrong.



Sexual abuse

This is when someone touches your body in ways you do not like or want.

They might kiss you or make you touch them in places you don't want to.

They might have sex with you when you do not want them to.

It is not okay if someone makes you do something that you don't want, don't like or don't understand.

Sexual abuse is wrong.



Mate Crime

Mate crime is when someone says they are your friend, but they do things that take advantage of you, like ask you for money a lot.

A real friend does not ask you to pay for lots of things, ask you for money, or make you feel uncomfortable.

Mate crime is wrong.



Neglect

This is when the person who is supposed to be looking after you does not support you properly.

They might not give you enough food or drink.
They might not help you to stay warm or look after yourself.

Sometimes it might mean they do things that put you in danger.

Neglect is wrong.



Discrimination

This is when someone makes fun of you or treats you unfairly because they think you are different to them, how you look, act or speak.

They might treat you unfairly because of your disability, religion, sexuality or colour of skin.

They might be unkind to you because of who you are.

Discrimination is wrong.



Modern Slavery

Modern slavery is when a person is illegally controlled by another person.

A person might be forced to do something by another person. For example they might be made to work long hours for free or forced to marry someone they don't want to.

When a person is forced, it means they do not have a choice. The person might be forced to do things by violence, lies, or threats.

Modern slavery is wrong.



Cuckooing

Cuckooing is when someone you think is your friend uses your home to sell or hide drugs.

They may take over your home.

They may invite their friends to your home and eat your food. They may ask you to look after something you wouldn't want in your home. For example, this could be drugs, a knife or a gun.

A real friend would not ask you to do these things.

Cuckooing is wrong.